

Kevin Mego

H & P

9/14/19

Identifying data

Full name: MV

Address: Not discussed

Date of birth: Not discussed

Date & Time: September 9, 2019 2:00pm

Location: outside hospital Jamaica, NY

Religion: Not discussed

Source of information: self ✓

Reliability: reliable

Source of referral: self

Mode of transport: self

Chief Complaint:

"He has been having chest pain for the past day and a half" ✓

History of present illness:

EX SMOKER

56 year old reliable male with a PMH of hypercholesterolemia, hypertension and diabetes mellitus type II and history of ~~smoking half a pack a day however ceased smoking 20 years ago~~ pt presents today from home with complaint of a right anterior sharp 8/10 chest pain which initiated a day and half ago without radiation and is inconsistent coming and going. pt notes pain is aggravated by going up the stairs and is associated with coughing and difficulty breathing. pt also notes a cough that started 4-5 days ago of which becomes more frequent at night and is associated with fatigue, decreased appetite, sleeplessness, fever and expulsion of sputum that is described as thick & green with a worsening effect during the morning.

Patient denies dizziness, vertigo, wheezing, nausea, vomiting, nasal congestion, chills, post nasal drip, syncope, weight loss, Hx of lung disease, Hx of asthma, Hx of pneumonia, palpitations, heart murmurs. pt also denies any recent trauma, chest x-rays, or flu shot during the past year. **SINUS COMPLEX, TRAVEL**

Past Medical History

~~Past medical history: Denies past medical history~~

Present medical history: hypertension x 20 yrs blood pressure controlled / regular checkups every 6 months, Diabetes mellitus type II x 15 yrs, hypercholesterolemia x 5 yrs

↳ CONTROLLED? ↵

Childhood illnesses: not discussed

Vaccinations: No flu shot has been taken this year

Past surgical history:

Remote tonsillectomy in childhood
Right inguinal hernia, 2006 at outside hospital
Nasal polyps removal, 2018, outside hospital

COMPLICATIONS

Medications

Metformin 500mg, 1 tab PO daily for cholesterol, last dose this morning
Atorvastatin 20mg, 1 tab PO at night for cholesterol, last dose at night ✓
lisinopril 5mg, 1 tab PO daily for hypertension, last dose this morning
Baby aspirin 80mg, 1 tab PO daily for fever & pain, last dose this morning

DENIES HERBAL SUPPLEMENT USE

Allergies

pt denies food allergies
pt denies any medication allergies ✓
Cats - severe / hives & itching

Family history

Father - deceased at age 78, natural causes, history of diabetes ✓
Mother - 83, alive & well ✓
sister - Alive, 64, history of diabetes and hypertension, experienced heart attack at age 59
children - ~~not discussed~~ NO CHILDREN
Grandparents - no hx of illness

social history

Mr. Mv is a divorced male, currently living alone, currently retired from working as an engineer ✓

Habits - He has a history of smoking half a pack a day however notes that he ceased smoking about 20 years ago. pt denies use of drugs currently or in the past and alternative smoking methods such as vapes. pt also denies exposure to chemicals while working as an engineer. pt describes himself as a social drinker in which every 1-2 months has 2-3 beers each time. pt admits to drinking coffee every day during the morning

Travel - not discussed ✓

Diet - pt notes drinking coffee from a fast food restaurant (Wendy's). Daily diet consists of eggs or oatmeal for breakfast, wendy's wrap for lunch, and beans with salad for dinner ✓

Exercise - pt denies exercising ✓

safety measures - pt notes wearing a seatbelt ✓

sexual history - pt denies current sexual history, pt describes himself as heterosexual with a hx of monogamous relationships, pt also notes the use of condoms. pt also notes recent negative STD result ✓

rev of systems

General - see HPI, Denies chills, night sweats ✓

Skin, hair, nails - Denies changes in texture, excessive dryness or sweating, discolorations, pigmentation, moles/fishes, pruritus or changes in hair distribution.

Head - Denies headaches, vertigo or head trauma ✓

Eyes - Denies lacrimation, pruritus, visual disturbances, photophobia ✓
He wears glasses. Last eye exam was 4 months ago - does not know his visual acuity. **USES GLASSES FOR DISTANCE**

Ears - Denies deafness, pain, discharge, tinnitus or use of hearing aides ✓

Nose/sinuses - Denies discharge, obstruction, or epistaxis ✓

Mouth/throat - Denies bleeding gums, sore tongue, sore throat, mouth ulcers, voice changes or use of dentures **LAST DENTAL EXAM?**

Neck - Denies localized swellings/lumps or stiffness/decreased range of motion ✓

Breast - Denies lumps, nipple discharge, or pain

Pulmonary system - pt admits to dyspnea on exertion especially when going up the stairs (SEE HPI)
pt admits to coughing
pt denies wheezing, hemoptysis, cyanosis, orthopnea, or paroxysmal nocturnal dyspnea

Cardiovascular system - Has a history of hypertension x 20 yrs, Has chest pain
denies irregular heart beat, edema/swelling of ankles & feet ✓
syncope or known heart murmur

Gastrointestinal system - pt admits to change in appetite (SEE HPI)
denies intolerance to specific foods, nausea, vomiting, dysphagia,
pyrosis, unusual flatulence or eructations, abdominal pain, ✓
diarrhea, jaundice, hemorrhoids, constipation, rectal bleeding, or
blood in stool

Genitourinary - Denies urinary frequency or urgency, nocturia, oliguria, polyuria, dysuria, ✓
incontinence, awakening at night to urinate or flank pain

Nervous - Denies seizures, headache, loss of consciousness, sensory disturbances, ataxia,
loss of strength, change in cognition/mental status/memory, or weakness ✓

Musculoskeletal system - Denies muscle/joint pain, deformity or swelling, redness or arthritis ✓

Peripheral vascular system - Denies intermittent claudication, coldness or trophic changes, varicose veins, peripheral edema, or color changes ✓

Hematological system - Denies anemia, easy bruising or bleeding, lymph node enlargement, blood transfusions, or history of DVT/PE ✓

Endocrine system - Denies polyuria, polydipsia, polyphagia, heat or cold intolerance, excessive sweating, hirsutism, or goiter ✓

Psychiatric - Denies depression/sadness, anxiety, OCD, or ever seeing a mental health professional ✓

